

# Parenting 1

## Language of Emotions

Proverbs 22:6 - \_\_\_\_\_

Train up a child in the way he should go, and when he is old, he will not depart from it.

PANP: \_\_\_\_\_, and EVEN if you were  
SiNG: \_\_\_\_\_.

Parents Are Not Perfect, Success is NOT Guaranteed.

Jeremiah Principle: In the face of PDtRT \_\_\_\_\_  
a child still IUDtWT \_\_\_\_\_, parents should  
CtDdRT: \_\_\_\_\_.

Parents Doing the Right Thing, Insists Upon Doing the Wrong Thing, Continue to Do the Right Thing

John Rosemond: PiL: \_\_\_\_\_  
Parenting is Leadership

Guilt: IBOoMMIR: \_\_\_\_\_

I Broke One of My Most Important Rules

1. WitRIB?: \_\_\_\_\_

What is the Rule I Broke?

2a. Use PoNR: \_\_\_\_\_

Point of No Return

2b. FS: \_\_\_\_\_

Forgive Self

Fear: SC, INR: \_\_\_\_\_

Something's Coming, I'm NOT Ready

IPaTIWtF: \_\_\_\_\_

I Perceive a Threat I Wish to Flee

1. WiC?: \_\_\_\_\_

What is Coming?

2. MiBA?: \_\_\_\_\_

Must it Be Avoided?

3. WDINTdGR? \_\_\_\_\_

What Do I Need to Do to Get Ready?

4. GR: \_\_\_\_\_

Get Ready!

Frustration: IDWISHDtPaR&tRDNO: \_\_\_\_\_

I Did What I Should Have Done to Produce a Result, and the Result Did NOT Occur

1. DMCNPMR: \_\_\_\_\_

Does My Cause Normally Produce My Effect

2. CMCSiM: \_\_\_\_\_

Change My Cause Set in Motion

Anger: OoMRHBB: \_\_\_\_\_

One of My Rules Has Been Broken

IPaTIWtD: \_\_\_\_\_

I Perceive a Threat I Wish to Destroy

1. WitR?: \_\_\_\_\_

What is the Rule?

2a. FBR: \_\_\_\_\_

Fix Bad Rule

2b. CGR: \_\_\_\_\_

Communicate Good Rule

3. F: \_\_\_\_\_

Forgive

4. SGRwLP: \_\_\_\_\_

Support Good Rule with Lavish Praise

Encomium Principle: LP: \_\_\_\_\_

Lavish Praise

NE: SMC: \_\_\_\_\_

Negative Emotion: Something Must Change

Almost always WntCiM! \_\_\_\_\_

What Needs to Change is ME!